

KNOW YOUR RIGHTS

HOSPITAL STAY! – WHAT ARE MY RIGHTS?

(How to protect ourselves, our loved-ones, our patients!)

- Who will help you when you are taken to the hospital?
- Coming out of surgery, will you have decisions to make?
- What about insurance? Care instructions? Observation status or hospital admission? Safe discharge planning?



HELP is at hand! Come learn how many people taken to the hospital become victims of the system and how you and your caregiver can avoid serious pitfalls. Then, get started on your action plan.

Tuesday, JULY 5th, 1:00 PM
NORTHGATE MALL, SAN RAFAEL
Community Room

Brought to you by CA Alliance for Retired Americans (CARA)

Join our Empowered Elder Workshop!



Directions:

The Community Room, located at Northgate Mall in North San Rafael can be found as you enter the Mall's Food Court from the parking lot. Turn right before the Subway sandwich shop. That hallway turns left, so follow that hall to the end. Take the Elevator to the 2nd floor. Turn right out of the elevator (opposite side door in the elevator). Take the Freitas Pkwy exit off Highway 101 and go west to Northgate mall exit.

Just bring yourself and a friend, snacks and handouts will be provided.