



Summer Veggie Soup

Ingredients

1 tablespoons Olive Oil
1 teaspoon Cumin
1 large onion (diced)
1 large potato (diced)
2 tomatoes (chopped)
3 cups vegetables
(chopped)
½ head of cabbage
(shredded)
6 cups water
Salt and pepper

Directions

1. In a stock pot, sauté the onion in the olive oil until golden; add cumin.
2. Add the potatoes and water to the pot.
3. Bring soup to a boil and simmer until the potatoes are soft.
4. Add the other vegetables and simmer until soft. You may add more water if needed.
5. Add salt and pepper to taste.